



## Youth Coaching

Has your child ever been criticized because she:

- **Talks too much in class**
- **Can't sit still**
- **Can't stop playing around**
- **Is too social**
- **Doesn't listen or follow directions**
- **Is too opinionated, willful, or defiant**
- **Spaces out and doesn't pay attention**

Have you ever been told that something is wrong with your son or daughter, that they need therapy, or have a clinical condition? Take heart! Your child is special, unique, and has a built-in way to be successful that may not be fully utilized in their life yet. They are trying to connect with their environment in a way that those around them do not understand. They are trying to relate to people who can't relate to them.

Next Element offers coaching to help your child know and accept themselves and develop skills to navigate a world that doesn't yet understand how they tick. We start by obtaining a personality and strengths inventory on your child that identifies their preferred language of communication, what motivates their best effort, their unique way of dealing with stress, and how they manage conflict. We then teach and guide your child on how to use their unique gifts to be successful, adapt effectively, increase self-confidence, and stay true to themselves. We can help your child:

- Honor themselves and the adults in their world
- Experience fun and excitement safely
- Identify and manage their emotions
- Engage and detach in healthy ways
- Complete the daily tasks that are required of them

Next Element coaches have clinical behavioral health backgrounds and will make necessary referrals if issues are detected that could benefit from traditional behavioral health or medical treatment. When possible, we also work with parents and other caregivers who want to assist your child on their journey.

To learn more contact us at 316-283-4200, or e-mail [michele@next-element.com](mailto:michele@next-element.com).