



NATE REGIER

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PROFILE

Nate Regier, Ph.D. is a licensed psychologist, trainer, and consultant. He obtained his degree in clinical psychology from University of Kansas, and had a behavioral health practice for eleven years where he specialized in addictions, neuropsychological testing, and integrated behavioral medicine. He is currently a partner with Next Element Consulting, LLC where he provides coaching, consultation, and training services to help develop more resilient, accountable, and efficient communities within organizations. He is a licensed Process Communication Model trainer, certified in clinical, educational, spiritual, and corporate applications. Dr. Regier has presented nationally and internationally, and published on a variety of topics, including social-emotional intelligence, workplace wellness, mind-body-spirit integration, and process communication. He lives in Newton, KS, is married, and has three daughters.

EXPERIENCE

TRAINER/CONSULTANT, NEXT ELEMENT CONSULTING — 2008 - PRESENT

One of four founding partners of this LLC formed to provide organizational development services to all sizes of organizations. Instrumental in program design, legal and financial planning for business, and marketing/sales strategies. Duties include training, consulting, program design, and sales.

DIRECTOR, PROCESS SOLUTIONS GROUP - 2005 - 2008

Managed the research, education, and consulting division of Prairie View, a large regional behavioral health organization, including a regional employee assistance program covering 20,000 lives. Provided training, consulting, program design, and budget planning. Obtained and serviced several state training & consulting grants. Extensive collaboration with local and state agencies.

CLINICAL PSYCHOLOGIST - PRAIRIE VIEW, 1997 - 2008

Carried full case load, providing individual and group therapy, psychological testing, and consultation for adults and adolescents with a wide range of presenting problems.

MEDICAL PSYCHOLOGIST - PRAIRIE VIEW, 1999 - 2005

Provided inpatient and outpatient consultation and treatment focused on mind-body-spirit health, disease management, psychological assessment, staff and patient education, program development, and research in integrated behavioral medicine. Involved collaboration with medical providers and other local agencies.

EDUCATION

University of Kansas, Lawrence, KS — Ph.D. Clinical Psychology, 1997

Bethel College, Newton, KS - BA in Psychology, 1990

CORE COMPETENCIES

Clinical Counseling and Consultation

Research Design and Implementation

Training and Facilitation

Coaching

Program Design

Public Speaking

SELECTED PUBLICATIONS

Regier, N. (2008). It's not what you say, but how you say it: matching facilitation to personality type. Horizons Newsletter, Spring 2008.

Beckman, Regier, Williams & Young (2007). Impact of workplace laughter groups on personal efficacy beliefs. Journal of Primary Prevention. Vol. 28: (167-182).

Regier, N, (2001). Behavioral health meets primary care: towards a sustainable model of integration. Mileu, Spring/Summer 2001.

Regier, N. (2000). Integration and Interruption as separate facets of backward masking in schizophrenia. The Occupational Therapy Journal of Research. Vol. 20: 1-5.

SELECTED PRESENTATIONS

Process Facilitation. Interational Association for Experiential Education, Portland, OR, 2008

Self-Efficacy Outcomes Associated with Process Communication Model Training: International Summit for Process Communication, Hot Springs, AR, Summer 2007

Effective Communication: Optional Skill or Ethical Duty? Kansas Health Ethics, Wichita, KS - 2007

Outcomes-Based Facilitation. International Association for Experiential Education, St. Paul, MN, 2006

Resonant Leadership: It's Not What You Say, But How You Say It. Tabor College business school, 2006

COMMUNITY SERVICE

Board member, Harvey County Domestic Violence/Sexual Assault Center, 2007 - present

Behavioral Health Expert, Alive and Well Magazine, Wichita, KS - 2007 - present

Wichita coalition on substance abuse - 1998 - 1999

Harvey County substance abuse task force - 1999 - 2003

REFERRALS

Bryan Harness, MDiv, LMSW - bryan.hararness@centralhealth.com

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