



Family Coaching

Do any of these cause conflict in your family?

Bedtime Schoolwork Housework Discipline Fairness Activities

Next Element Family Coaching offers a whole new way to get along.

We will teach your family specific ways to get along better that does not involve therapy or medications, visits to the doctor, or labels and diagnoses. After conducting an assessment on each person in the family, we will work with you to interact more effectively, give and receive constructive feedback, and develop appropriate consequences. Every person in your home has a different way to stay motivated and avoid negative attention; we will help you unlock the secret.

Children are most successful when they believe they can handle what life throws at them. We will coach you on how to instill this belief in your children every day with every interaction. We will also coach your children on how to believe in themselves each day. Finally we will teach you a new way to come together, honor each person's abilities, and help each other stay engaged and motivated.

Family Coaching with Next Element can help families

- Accept each person for who he/she is
- Implement a logical and thoughtful way to get along
- Create a safe place to have healthy conflict
- Chose a path to honor the values of your family

Because Next Element coaches have training and experience in behavioral health treatment, we are able to recognize and refer when more specific or intensive treatment is indicated.

To learn more or schedule an initial interview, contact us at 316-283-4200, or e-mail michele@next-element.com.