

From Next Element Consulting

June 2009 E-News

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NEXT ELEMENT E-NEWS

2009 June Issue

"This training has provided more resources to actually implement effective communication processes than I have ever experienced. My team and I are seeing immediate results."

- Jerrie Rankin, Director of Practice Management, Wichita Clinic, KS
www.wichitaclinic.com

NE CORNER

Psychologist John Gottman refers to the Four Horseman. A concept he coined in regards to predicting if marriages will end or survive, they are defensiveness, stonewalling, criticism and contempt. He contends that if this is consistently present in a marriage then the marriage will end. Our PCM marital workshop can help identify the horseman and exclude them from your relationship. We all will get our needs met in either healthy or unhealthy ways. The Four Horseman is an example of how spouses get their needs met in unhealthy ways. Be free from the Horseman and join us in our marriage retreat!

Link:

http://www.amazon.com/Seven-Principles-Making-Marriage-Work/dp/0609805797/ref=sr_1_1?ie=UTF8&s=books&qid=1243015522&sr=1-1

COMING THIS SUMMER

"Relate to Your Mate," a PCM get-away retreat for couples. Plan a special long weekend, with your special someone, at beautiful Post Oak Lodge in Tulsa, Oklahoma. A truly unique event ? enjoy an exclusive, all-inclusive getaway while enhancing your relationship through better communication skills. We've lowered the price too!

Link: <http://next-element.com/services/seminars/relate-to-your-mate>

"Imagination is everything. It is the preview of life's coming attractions" ? Albert Einstein

THE NEW GENERATION

If you work with a millennial, also called Generation Y, (someone born between 1980 and 2000), you may have discovered that what motivates them is different than your older employees or co-workers. Bethel College in North Newton is offering a free public seminar on June 4th. Allison J. McFarland,

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Bethel College professor of management and marketing, will talk about the newest generation of employees to join the American workforce. For more information, "The New Generation at Work: Managing Millennials" Link:

<http://www.thekansan.com/archive/x124596041/McFarland-to-speak-about-Millennials>

BOOK RECOMMENDATION

"Blink" by Malcolm Gladwell

Blink has a wealth of information and wisdom. I am going to point out a specific part of the book that I found fascinating. "People don't sue doctors they like." This is a quote from a leading medical malpractice lawyer, quoted in the book. A point the book makes is that people will sue their doctors because of how they were treated relationally not medically. A medical researcher reports that she found in a study of surgeons, those who had not been sued spent three minutes or longer with their patients. Blink is a great book and is very much aligned with the philosophy at Next Element that relationships mean everything. There is great stuff in this book, we hope you enjoy it!

Link: <http://www.gladwell.com/blink/index.html>

WHITE PAPER

To Versus With: The process of building collaborative relationships.

Link: <http://next-element.com/2009/04/to-versus-with>

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." ? Maya Angelou Link: <http://www.mayaangelou.com>

UPCOMING EVENTS

Process Parenting (6/6)

Process Communication for Educators (6/8-6/10)

Leadership Communication (7/10)

Relate to Your Mate (7/24-7/26)

PCM 3 Day & Advanced (8/3-8/7)

We've reduced the price of our marriage retreat! Please check back on our website often for recent updates!

SEE YOU AT...

The Kansas Academy of Family Physicians 2009 Annual Meeting and Scientific Session. Nate will be presenting, "Here's How to Reach Me: Doctor-Patient Communication and Patient Outcomes" on June 18. Link: <http://www.kafponline.org>

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Jeff will be presenting, "Engaging Families and Communities in the Treatment Process" on June 23 at the Kansas Governor's Conference on Juvenile Justice. Link: <http://www.dce.k-state.edu/conf/juvenilejustice>

The Great Lenexa BBQ, find Nate and his team, "Three Men and a Butt," June 26 ? 27. I'm sure they'd be happy to give you taste. Here's hoping Nate will bring home a winning trophy to display in the office!
Link: <http://www.lenexa.ks.us/parks/bbq.html>

The 2009 PCM International Congress, Potomac, Maryland, July 16-17.
Jeff, Jamie and Nate will all be presenting!

Post Oak Lodge, Tulsa, Oklahoma for our special couples retreat July 24-26.

HOT WING UPDATE

Nate and I were in Santa Monica, CA at a place called *Yankee Doodles*. Of course we had the wings! The meat was good and the sauce was tasty. However, they had a spice that is not nice, and they were not spicy enough to get a 4 rating, therefore I gave them a 3.75 Link: <http://www.yankeedoodles.com>